

Monday	Tuesday	Wednesday	Thursday	Friday
1 Leson Angle 10:00 am An pèsòn Sekirite kay (Home Safety) Zoom Klass 6:30PM	2 Parenting Summer Tips Zoom Class 12:00pm Como se comunican los bebes 11:30 am and 6:00pm Google Meet sekirite chez machin bebe ak pandan bebe ap dòmi Zoom klass 6:30pm	3 Conversations with Lena by Appointment only. Seguridad en el Hogar 11:30 am & 6:00pm Google Meet	4 HOLIDAY	5 HOLIDAY
8 Leson Angle 10:00 am An pèsòn Manje pousante (Healthy Eating) Zoom klass 6:30pm	9 Playful Parenting Zoom Class 12:00pm Planificacion del Tiempo 11:30 am and 6:00pm Google Meet Nutrisyon pandan gwsès Nutrition During Pregnancy Zoom Klass 6:30pm	10 Family Story Time at the Kilmer Library 10:30am Su estilo de crianza 11:30 am & 6:00pm Google Meet	11 Questions to ask during OB Appointments Zoom Class 5:45pm Lo que el bebe necesita 6:00pm Google Meet	12
15 Leson Angle 10:00 am An pèsòn Devlopman sèvo bonè) (Early Brain Development) Zoom klass 6:30pm	16 Screen Time and Technology Zoom Class 12:00pm Los Ninos y la Ira 11:30 am and 6:00pm Google Meet Prepare pou akouchman Preparing For Delivery Zoom klass 6:30pm	17 Conversations with Lena by App only. Lectura en familia - Biblioteca Kilmer 10:30am Criando Lectores 6:00pm Google Meet	18 Nutrition During Pregnancy Zoom Class 5:45pm Que es una Doula 6:00pm Google Meet	19
22 Leson Angle 10:00 am An pèsòn Woutin dòmi (Sleep Routines) Zoom klass 6:30pm	23 Discipline VS Punishment Zoom Class 12:00pm Criando Adultos 6:00pm Google Meet Klas pou bay tete Breasfeeding Zoom klass 6:30pm	24 Family Story Time at the Kilmer Library 10:30am Desarrollo de 12 a 24 meses 6:00pm Google Meet	25 Criando Adultos 11:30am Google Meet Exercise And Pregnancy Zoom Class 5:45pm Cuidado Postparto 6:00pm Google Meet	26 Desarrollo de 12 a 24 meses and 6:00pm Google Meet
29 Leson Angle 10:00 am An pèsòn Estim pwòp tèt ou (Self Esteem) Zoom klass 6:30pm	30 Power Struggles and Following Directions Zoom Class 12:00pm La importancia de las comidas familiares 11:30 am & 6:00pm Google Meet Peryòd postpartum Postpartum Period Zoom klass 6:30pm	31 Conversations with Lena by Appointment only. Entrenamiento para ir al baño 11:30 am & 6:00pm Google Meet	PRESENTATION AT THE CENTER IN PERSON BREASTFEEDING TUESDAY 7/2/24 5:30PM	PRESENTATION AT THE CENTER IN PERSON CLASE PARA PAPAS TUESDAY 7/2/24 5:30PM



For monthly calendars please go to <https://www.womenscarecenter.org/fort-pierce-florida>

Conversations with Lena are every Wednesday by appointment only, to set an appointment, please call Lena at 772.812.0061.

ZOOM PARENTING CLASSES

Tuesdays @ 12pm Thursday 5:30pm

To participate please follow this link:

<https://zoom.us/j/98585891050>

Please turn on your camera. The camera should be on during the entire class. Clients are welcome to attend as many classes as they would like, but will earn Crib Club Coupons for up to 1 class per week (2 coupons = 1 crib Club Item + 10 Diapers). Clients with support will earn two coupons and 20 diapers!! The support person is expected to attend a full class to coupons and diapers.

CLASSES IN CREOLE!

Klas yo pral ofri nan Lendi ak Mecredi nan 10:00 du matin a Macedonian Seventh Day Adventist Church, 1220 Delaware Ave, Fort Pierce, FL 34950.

Klas bay tete (2 kupon = 1 bagay crib club + 10 diaper). Kliyan ki gen yon lot moun avek yo kap sipote yo ap touche 2 kupon ak 20 diaper.

Zoom klas Chak Lendi a 6:30pm

<https://zoom.us/j/92070993512?pwd=UUJnaXFseStnRUR5aDFnelZENIU2OT09>

CLASES VIRTUALES EN ESPANOL

Para participar de las clases virtuales por favor siga este link <https://meet.google.com/oar-pwzo-opf>

La camara Debera estar prendida durante toda la clase. Las madres participantes ganaran incentivos una vez por semana, (1c-1d) 1 cupon para la tienda y un cupon para 10 panales.

Cientes que atiendan clases completas con una persona (adulto) de apoyo, ganaran dos cupones y 20 panales!