



# November 2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 Parenting Class •10:00am Nutrition Class •12:00pm	5	6 Parenting Class •2:00pm Bumpology 101 •4:00pm	7	8	9 Parenting Class •9:30am Parenting/Strong Fathers •11:00am
10	11 Parenting Class •10:00am Nutrition Class •12:00pm	12	13 Parenting Class •2:00pm Bumpology 101 •4:00pm	14	15	16
17	18 Parenting Class •10:00am Nutrition Class •12:00pm	19	20 Parenting Class •2:00pm Bumpology 101 •4:00pm	21	22	23 Move it Mommy 10-10:45
24	25 Parenting Class •10:00am Nutrition Class •12:00pm	26	27 No Class Today Happy Thanksgiving	28 29 30 Closed for Thanksgiving		

CLASS TOPICS
<b>11/4</b> - 10:00 Learning Styles 12:00 Comparing Label
<b>11/6</b> - 2:00 Learning Styles 4:00 Bumpology Week 3
<b>11/11</b> - 10:00 How Babies Communicate 12:00 Sleep (Nutrition Matters)
<b>11/13</b> - 2:00 How Babies Communicate 4:00 Bumpology Week 4
<b>11/18</b> - 10:00 Gratitude 12:00 Picky Eaters
<b>11/20</b> - 2:00 Gratitude 4:00 Bumpology Week 5
<b>11/25</b> - 10:00 Holiday #2- Thanksgiving Fun 12:00 Healthy Kids
<b>11/27</b> - 2:00 No Class-Happy Thanksgiving 4:00 No Class-Happy Thanksgiving

## NOTES

### Women's Care Center

1212 N. LaSalle Dr. • Chicago, IL 60610 Second Floor (312) 381-8180  
 Mon, Tues, Thurs, Fri. 8 am – 5 pm; Wed. 8 am – 7 pm Sat. 9 am – 1 pm  
 Shop our Crib Club Store!  
 Open after all classes or by appointment.

Class topics are subject to change. Mother and Father of the baby are welcomed to attend one “regular” class per week and as many “special” classes (if offered – i.e. Bumpology, Nutrition) as they like/qualify for as many weeks as they like. Each parent earns diapers and a Crib Club Coupon for each class they attend. Support persons who are not parents of a child under the age of 5 must receive permission of the Class Coordinator to receive incentives.