

Class Schedule



June 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>*Dev Milestones-Jenny 5:30-6:30pm (Zoom Class)</p> <p>*First Trimester-Steph 5:30-6:30pm (In person)</p> <p>*Strong Fathers-Kemas (In Person) 5:30-6:30pm</p>	<p>4</p> <p>Clase de Crianza Diana 11am-12pm (Virtual clase)</p>	<p>5</p> <p>Mommy and Me 3:30-4:30pm</p>	<p>6</p> <p>Importance of Family Meals Stephanie (In Person class) **Offered at 1:00 pm And 5:30pm</p>	<p>7</p> <p>Mommy and Me 9:00-10:00am Clase de Crianza 11am-12pm (Presencial, en espanol)</p>
<p>10</p> <p>*Power of Routine-Bob 5:30-6:30pm (Zoom Class)</p> <p>*Pregnancy Nutrition-Steph 5:30-6:30pm (In person)</p> <p>*Strong Fathers-Keith (In Person) 5:30-6:30pm</p>	<p>11</p> <p>Clase de Nutrición Wanda 11am-12pm (Virtual clase)</p>	<p>12</p> <p>Mommy and Me 3:30-4:30pm</p>	<p>13</p> <p>Nutrition and Positive Parenting Stephanie (In Person class) **Offered at 1:00 pm And 5:30pm</p>	<p>14</p> <p>Mommy and Me 9:00-10:00am Clase de Crianza 11am-12pm (Presencial, en espanol)</p>
<p>17</p> <p>*Family Traditions-Bob 5:30-6:30pm (Zoom Class)</p> <p>*Your developing baby -Steph 5:30-6:30pm (In person)</p> <p>*Strong Fathers-Sam (In Person) 5:30-6:30pm</p>	<p>18</p> <p>Clase de Crianza Thelma 11am-12pm (Virtual clase)</p>	<p>19</p> <p>Mommy and Me 3:30-4:30pm</p>	<p>20</p> <p>Feeding baby (In Person class) **Offered at 1:00 pm 5:30pm</p>	<p>21</p> <p>Mommy and Me 9:00am-10:00am Clase de Crianza 11am-12pm (Presencial, en espanol)</p>
<p>24</p> <p>Traits of Strong Families-Bob 5:30-6:30pm (Zoom Class)</p> <p>Ultrasound-Steph 5:30-6:30pm (In person)</p> <p>*Strong Fathers-Keith (In Person) 5:30-6:30pm</p>	<p>25</p> <p>Presentor Invitado 11am-12pm (Virtual clase)</p>	<p>26</p> <p>Mommy and Me 3:30-4:30pm</p>	<p>27</p> <p>Art Therapy Stephanie (In Person class) **Offered at 1:00 pm And 5:30pm</p>	<p>28</p> <p>Mommy and Me 9:00-10:00am Clase de Crianza 11am-12pm (Presencial, en espanol)</p>

Women's Care Center Class System

Option 1

Attend a Parenting Class via **Zoom**

- Call 317-829-6800 to sign up to receive a Zoom link by email. Save the email because the link will work every week.
- One support person over the age of 18 can attend class with you and will receive coupons
- Your video must be on during class to receive coupons
- Earn 2 coupons per class and an additional 2 coupons if a support person attends class with you
- Clients may attend as many classes throughout the week as they like, but will only receive coupons for 1 class
- When you enter class, put your name in the chat box for attendance

Option 2

Attend an **In Person** Class

- No appointment necessary
- Show up and be a part of a group discussion on pregnancy and parenting topics
- Earn 2 coupons per class and an additional 2 coupons if a support person attends class with you
- Attend 10 In Person classes and earn a free car seat!!
- Clients may attend as many classes throughout the week as they like, but will only receive coupons for 1 class

Option 3

Watch In-Person Videos

- Choose from a variety of videos which include: Pregnancy, Childbirth, Breastfeeding, and Parenting Skills
- Must make an appt to reserve a room to watch videos. Call to schedule.
- One support person over the age of 18 can attend with you and receive additional coupons.
- Earn 2 coupons per session, and additional 2 coupons with support

Crib Club- The Crib Club is the baby store located at The Women's Care Center. Schedule an appointment to use your coupons to buy items like: Cribs, Car Seats, Clothing, Strollers and more!