

# Class Schedule



# March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b> *<b>Crochet and Cocoa</b> 1:00-2:00 pm                      *<b>Raising Readers</b> -Dave                      5:30-6:30pm (Zoom Class)                      *<b>How Babies Communicate</b> -Haylee                      5:30-6:30pm (in-person)                      *<b>Budgeting Workshop -Bob</b>                      5:30-6:30 p.m. (in-person)</p>	<p><b>4</b> <b>Clase de Crianza</b>                      -Diana                      11am-12pm                      (Virtual clase, en español)</p>	<p><b>5</b></p>	<p><b>6</b> *<b>Nutrition</b> -Brenda                      1-2 pm (in-person)                      *<b>Importance of Play &amp; Literacy</b>                      (combined with <b>Mommy &amp; Me</b>)                      -Haylee                      5:30-6:30pm (in-person)</p>	<p><b>7</b> <b>Clase de Crianza</b>                      -Diana                      11am-12pm                      (Presencial, en español)</p>
<p><b>10</b> *<b>Crochet and Cocoa</b> 1:00-2:00 pm                      *<b>Developing Values in Children</b> -Bob                      5:30-6:30pm (Zoom Class)                      *<b>Breastfeeding</b> -Sarah                      5:30-6:30pm (in-person)</p>	<p><b>11</b> <b>Clase de Nutrición</b>                      -Wanda                      11am-12pm                      (Virtual clase, en español)</p>	<p><b>12</b>                      Office closed</p>	<p><b>13</b>                      NO CLASS                      Office closed for conference</p>	<p><b>14</b>                      NO CLASS                      Office closed for conference</p>
<p><b>17</b> *<b>Crochet and Cocoa</b> 1:00-2:00 pm                      *<b>Child Behaviors</b> -Bob                      5:30-6:30pm (Zoom Class)                      *<b>Bathing and Sleep</b> -Stephanie                      5:30-6:30pm (in-person)</p>	<p><b>18</b> <b>Clase de Crianza</b>                      -Thelma                      11am-12pm                      (Virtual clase, en español)</p>	<p><b>19</b></p>	<p><b>20</b> *<b>Parenting Styles</b> -Stephanie                      **1:00 pm &amp; 5:30pm (in-person)                      *<b>Mommy and Me</b> -Haylee                      5:30-6:30pm                      (newborns through 5 years, in-person)</p>	<p><b>21</b> <b>Clase de Crianza</b>                      -Diana                      11am-12pm                      (Presencial, en español)</p>
<p><b>24</b> *<b>Crochet and Cocoa</b> 1:00-2:00 pm                      *<b>Parenting Style &amp; Pos. Discipline</b> -Jenny                      5:30-6:30pm (Zoom Class)                      *<b>Art Therapy</b> -Stephanie                      5:30-6:30pm (in-person)</p>	<p><b>25</b> <b>Presentador Invitado</b>                      11am-12pm                      (Virtual clase, en español)</p>	<p><b>26</b></p>	<p><b>27</b> *<b>Art Therapy</b>                      -Stephanie                      **1:00 pm &amp; 5:30pm (in-person)                      *<b>Mommy and Me</b> -Haylee                      5:30-6:30pm                      (newborns through 5 years, in-person)</p>	<p><b>28</b> <b>Clase de Crianza</b>                      -Diana                      11am-12pm                      (Presencial, en español)</p>
<p><b>31</b> *<b>Crochet and Cocoa</b> 1:00-2:00 pm                      *<b>Hormones and Postpartum</b>-Jenny                      5:30-6:30pm (Zoom Class)                      *<b>Child Safety</b> -Stephanie                      5:30-6:30pm (in-person)</p>			<p><b>Note: Crochet &amp; Cocoa</b>                      especialmente welcomes                      postpartum moms/newborns!                      You can earn coupons for it                      even if you attend another class                      that week!</p>	<p><b>COLOR CODE:</b>                      Purple = Strong Families                      Green = Español</p>

## Women's Care Center Class System

### Option 1

#### Attend a Parenting Class via **Zoom**

- Call 317-829-6800 to sign up to receive a Zoom link by email. Save the email because the link will work every week.
- One support person over the age of 18 can attend class with you and will receive coupons.
- Your video must be on throughout class to receive coupons.
- Earn 1 coupon per class and an additional 1 coupon if a support person attends class with you.
- Clients may attend as many classes throughout the week as they like but will only receive coupons for 1 class.
- When you enter class, put your name in the chat box for attendance.

### Option 2

#### Attend an **In-Person** Class

- No appointment is necessary for these.
- Show up and be a part of a group discussion on pregnancy and parenting topics.
- Earn 2 coupons per class and an additional 2 coupons if a support person attends class with you.
- Clients may attend as many classes throughout the week as they like but will only receive coupons for 1 class.

### Option 3

#### Watch **In-Person** Videos

- Choose from a variety of videos which include: Pregnancy, Childbirth, Breastfeeding, and Parenting Skills.
- Must make an appointment to reserve a room to watch videos. Call 317-829-6800 to schedule.
- One support person over the age of 18 can attend with you and receive additional coupons.
- Earn 2 coupons per session, and 2 additional coupons with support.

**Crib Club-** The Crib Club is the baby store located at the Women's Care Center. Schedule an appointment at 317-829-6800 to use your coupons to buy items like: cribs, car seats, clothing, strollers, and more!