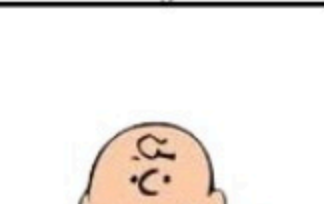




# OCTOBER



Monday Lunes Tuesday Martes Wednesday Miércoles Thursday Jueves Friday Viernes



**1** Nutrition Class @ 10 am & New Moms Class @ 11:30 am  
**Strong Fathers on Zoom @ 7pm**

**2** Parenting Class (Education Center) @ 10-11am & 11:30-12:30pm  
**Clases de Padres en Español a las 2pm**

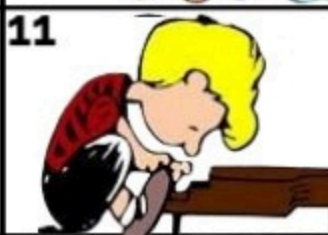
**3** Parenting Class (Education Center) @ 6pm



**7** Nutrition Class @ 10 am & New Moms Class @ 11:30 am  
**Strong Fathers on Zoom @ 7pm**

**8** Parenting Class (Education Center) @ 10-11am & 11:30-12:30pm  
**Clases de Padres en Español a las 2pm**

**9** Parenting Class (Education Center) @ 10-11am & 11:30-12:30pm



**14** Nutrition Class @ 10 am & New Moms Class @ 11:30 am  
**Strong Fathers on Zoom @ 7pm**

**15** Parenting Class (Education Center) @ 10-11am & 11:30-12:30pm  
**Clases de Padres en Español a las 2pm**

**16** Parenting Class (Education Center) @ 6pm



**21** Nutrition Class @ 10 am & New Moms Class @ 11:30 am  
**Strong Fathers on Zoom @ 7pm**

**22** Parenting Class (Education Center) @ 10-11am & 11:30-12:30pm  
**Clases de Padres en Español a las 2pm**

**23** Parenting Class (Education Center) @ 6pm



**28** Nutrition Class @ 10 am & New Moms Class @ 11:30 am  
**Strong Fathers on Zoom @ 7pm**

**29** Parenting Class (Education Center) @ 10-11am & 11:30-12:30pm  
**Clases de Padres en Español a las 2pm**

**30** Parenting Class (Education Center) @ 6pm



**Women's Care Center**