





Family Workshops Calendar

March 2025

 **Snow Policy:** If Plymouth Schools close for weather, our classes will be canceled. 

Class size is limited and will be first come first serve.
If class is full when you arrive, please call us at 574-936-5141

| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| <p>3</p> <p>•9:15am – Español •3:45pm – Español</p> | <p>4</p> <p><u>Pregnancy Class</u> •11:00am <i>Open to all currently-expecting moms</i></p> <p><u>Newborn Class</u> •5:30pm</p> | <p>5</p> <p>•10:00 – English</p> <p><u>Toddle Time</u> 11:00 am – English</p> <p><u>Clase de Cuidado Prenatal y Nutrición</u> •1:00pm</p> | <p>6</p> <p><u>Music Time</u> - For Parents & Their Children</p> <p>•11:00am •1:00pm</p> <p><u>Strong Fathers</u> •6:00pm</p> | <p>7</p> <p><u>Self Care Club</u> •10:30am</p> <p>Español: <u>Self Care Club</u> •1:00pm</p> |
| <p>10</p> <p>•9:15am – Español •3:45pm – Español</p> | <p>11</p> <p><u>Pregnancy Class</u> •11:00am <i>Open to all currently-expecting moms</i></p> <p><u>Newborn Class</u> •5:30pm</p> | <p>12</p> <p>•10:00 – English</p> <p><u>Toddle Time</u> 11:00 am – English</p> <p><u>Clase de Cuidado Prenatal y Nutrición</u> •1:00pm</p> | <p>13</p> <p>Offices Closed No Classes</p> <p>Oficinas Cerradas No Hay Clases</p> | <p>14</p> <p><u>Self Care Club</u> •10:30am</p> <p>Español: <u>Self Care Club</u> •1:00pm</p> |
| <p>17</p> <p>•9:15am – Español •3:45pm – Español</p> | <p>18</p> <p><u>Pregnancy Class</u> •11:00am <i>Open to all currently-expecting moms</i></p> <p><u>Newborn Class</u> •5:30pm</p> | <p>19</p> <p>•10:00 – English</p> <p><u>Toddle Time</u> 11:00 am – English</p> <p><u>Clase de Cuidado Prenatal y Nutrición</u> •1:00pm Car Seat Day 1-5pm</p> | <p>20</p> <p><u>Music Time</u> - For Parents & Their Children</p> <p>•11:00am •1:00pm</p> <p><u>Strong Fathers</u> •6:00pm</p> | <p>21</p> <p><u>Self Care Club</u> •10:30am</p> <p>Español: <u>Self Care Club</u> •1:00pm</p> |
| <p>24</p> <p>•9:15am – Español •3:45pm – Español</p> | <p>25</p> <p><u>Pregnancy Class</u> •11:00am <i>Open to all currently-expecting moms</i></p> <p><u>Newborn Class</u> •5:30pm</p> | <p>26</p> <p>•10:00 – English</p> <p><u>Toddle Time</u> 11:00 am – English</p> <p><u>Clase de Cuidado Prenatal y Nutrición</u> •1:00pm</p> | <p>27</p> <p><u>Music Time</u> - For Parents & Their Children</p> <p>•11:00am •1:00pm</p> <p><u>Strong Fathers</u> •6:00pm</p> | <p>28</p> <p><u>Self Care Club</u> •10:30am</p> <p>Español: <u>Self Care Club</u> •1:00pm</p> |
| <p>31</p> <p>•9:15am – Español •3:45pm – Español</p> | <p>April 1</p> <p><u>Pregnancy Class</u> •11:00am <i>Open to all currently-expecting moms</i></p> <p><u>Newborn Class</u> •5:30pm</p> | <p>2</p> <p>•10:00 – English</p> <p><u>Toddle Time</u> 11:00 am – English</p> <p><u>Clase de Cuidado Prenatal y Nutrición</u> •1:00pm</p> | <p>3</p> <p><u>Music Time</u> - For Parents & Their Children</p> <p>•11:00am 1:00pm</p> <p><u>Strong Fathers</u> •6:00pm</p> | <p>4</p> <p><u>Self Care Club</u> •10:30am</p> <p>Español: <u>Self Care Club</u> •1:00pm</p> |

Plymouth Women's Care Center

224 N. Michigan St.
Plymouth, IN 46563
(574) 936-5141
Hours: M-F 9:00-5:00

Class topics subject to change. Mother and Father of the baby welcome to attend one "regular" class per week and as many "special" classes (if offered – i.e. First Time Moms-to-Be) as they like/qualify for as many weeks as they like. Each parent earns diapers and a Crib Club Coupon for each class they attend. **Support persons who are not parents of a child under the age of 5 must receive permission of the Class Coordinator to receive incentives.**