



# February 2025

MON	TUE	WED	THUR	FRI
				1
3	4	5 <b>Love Languages</b> 11:00 (In-Person & Zoom)	6 <b>#1 Series</b> Active Parenting: First Five Years (Zoom only) 10:30 – 11:45 am	7
10	11	12 <b>#1 -Cooking Class</b> 11:00 (In-Person Only) Guest Speaker	13 <b>#2 Series</b> Active Parenting: First Five Years (Zoom only) 10:30 – 11:45 am	14 
17	18	19 <b>#2 -Cooking Class</b> 11:00 (In-Person Only) Guest Speaker	20 No class	21
24	25	26 <b>#3 -Cooking Class</b> 11:00 (In-Person Only) Guest Speaker	27 <b>#3 Series</b> Active Parenting: First Five Years (Zoom only) 10:30 – 11:45 am	28

Please see last page for more class and Zoom information!



# March 2025

MON	TUE	WED	THUR	FRI
				1
3	4	5 <b>Basic Spiritual Needs</b> <b>Guest speaker: Nicky</b> <b>11:00 (In-Person Only)</b>	6 <b>#4- Series</b> <b>Active Parenting: First Five Years</b> <b>(Zoom only)</b> 10:30 – 11:45 am	7
10	11	12 <b>#4 -Cooking Class</b> <b>11:00 (In-Person Only)</b> <b>Guest Speaker</b>	13	14
17 	18	19 <b>#5 -Cooking Class</b> <b>11:00 (In-Person Only)</b> <b>Guest Speaker</b>	20	21
24	25	26 <b>Potty Training</b> <b>11:00 (In-Person &amp; Zoom)</b>	27	28

Future Parenting Class Schedules at: <http://www.womenscarecenter.org/fargo-north-dakota>

**February & March 2025**  
**WCC Parenting Class Guidelines:**

- **Wednesday Classes always begin at 11 am (11 am – noon)**
- **Thursday Classes in Feb and March begin at 10:30 am (10:30 – 11:45 am)**
- Arrive to zoom classes on time or 15 minutes early.
- Earn 2 coupons and 10 diapers for in-person. Your one-designated support person may earn 1 coupon and 10 diapers for you, if they ATTEND class with you and are present for class.
- Note: When classes are offered two times per week, **Incentives (coupons/ diapers) will only be given once per week.** For example, if you attend both the Wednesday class and the Thursday class, you will still receive customary coupons/ diapers noted above, but not double sets.
- If you are more than 10 minutes late or leave early, feel free to join us, but incentives will not be provided.
- Topic should be applicable to your current life circumstances.
- One support person, approved by staff, may attend class with you.

**Video Guidelines**

- Have your **video on**. **We must see your entire face, to receive credit for class.** You must seem engaged in class as these are educational classes.
- **Audio muted** until you wish to talk to help reduce background noise.
- Make sure your **name appears on the screen.**
  - To edit name after joining:
    1. Click on "Participants"
    2. Hover over your name and click on "More"
    3. Choose "Rename" and type your first and last name.
    4. If you are a guest, to receive coupons/ diapers, you **MUST** include baby's mom's name in parentheses. For example: John Smith (Maria Smith)
- Log into class from a distraction free environment, dressed comfortably and appropriately for class.

**ZOOM Class Login Info:**

**Wednesday Zoom Classes, when offered:**

Zoom Meeting ID: 896 2200 0834

**Password: 691430**

**Thursday Special Class Series which is Zoom Only:**

Zoom Meeting ID: **847 2203 0378**

**Password: 691430**