

Class Schedule



January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
<p>COLOR CODE: Purple = Strong Families Blue = Strong Fathers Green = Español</p>		1	2 NO CLASS <i>(Limited hours due to New Year's holiday)</i>	3 Criando un Hijo Optimista -Jacqueline 11am-12pm (Presencial, en español)
6 *Role Models & Support Network -Bob 5:30-6:30pm (Zoom Class) *Prenatal Nutrition -Steph 5:30-6:30pm (in-person)	7 Clase de Crianza -Diana 11am-12pm (Virtual clase, en español)	8	9 *Resolutions -Stephanie **1:00 pm & 5:30pm (in-person) *Mommy and Me -Haylee -5-5:45pm: newborn-2 years old -5:45-6:30pm: 3-5 years old (in-person)	10 Su Hijo de Voluntad Fuerte -Jacqueline 11am-12pm (Presencial, en español)
13 *Money Management -Bob 5:30-6:30pm (Zoom Class) *Third Trimester -Stephanie 5:30-6:30pm (in-person)	14 Clase de Nutrición -Wanda 11am-12pm (Virtual clase, en español)	15	16 *Who Is Watching Your Child? -Stephanie **1:00 pm & 5:30pm (in-person) *Mommy and Me -Aimee -5-5:45pm: newborn-2 years old -5:45-6:30pm: 3-5 years old (in-person)	17 Por Que es Importante la Gratitude -Jacqueline 11am-12pm (Presencial, en español)
20 *Baby Basics -Jenny 5:30-6:30pm (Zoom Class) *Bonding with Baby -Aimee 5:30-6:30pm (in-person)	23 Clase de Crianza -Thelma 11am-12pm (Virtual clase, en español)	24	25 *The 5 Love Languages -Aimee **1:00 pm & 5:30pm (in-person) *Mommy and Me -Haylee -5-5:45pm: newborn-2 years old -5:45-6:30pm: 3-5 years old (in-person)	26 Rivalidad Entre Hermanos -Jacqueline 11am-12pm (Presencial, en español)
27 **NO STRONG FAMILIES CLASS** *Art Therapy -Stephanie 5:30-6:30pm (in-person)	28 Presentador Invitado 11am-12pm (Virtual clase, en español)	29	30 *Art Therapy -Stephanie **1:00 pm & 5:30pm (in-person) *Mommy and Me -Haylee -5-5:45pm: newborn-2 years old -5:45-6:30pm: 3-5 years old (in-person)	31 El Dormir -Jacqueline 11am-12pm (Presencial, en español)